



Meet Name: 2020 Cornhusker State Games

Location: Lincoln Christian High School

Meet Date: July 18, 2020

Directors: Katey Dodge and Howard Huffman

Wt Class	Name	Age	Division	Squat		Bench		DeadLift		Total	
				Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
FEMALE RAW POWERLIFTING											
114	Brandi Brummer	21	Open	80.00	176.25	40.00	88.00	90.00	198.25	210.00	462.75
	Lisa Caulder	52	Open	70.00	154.25	42.50	93.50	92.50	203.75	205.00	451.75
	Lisa Caulder	52	Master	70.00	154.25	42.50	93.50	92.50	203.75	205.00	451.75
123	Larissa Thomson	17	Teen	82.50	181.75	45.00	99.00	115.00	253.50	242.50	534.50
	Jaymie Oehler	46	Open	110.00	242.50	65.00	143.25	142.50	314.00	317.50	699.75
	Jaymie Oehler	46	Master	110.00	242.50	65.00	143.25	142.50	314.00	317.50	699.75
	Julie Snyder	56	Master	75.00	165.25	40.00	88.00	92.50	203.75	207.50	457.25
132	Jenna Taylor	15	Teen	97.50	214.75	57.50	126.75	102.50	225.75	257.50	567.50
	Courtney Kosch	20	Open	65.00	143.25	45.00	99.00	107.50	236.75	217.50	479.25
	Joy Donaldson	40	Master	95.00	209.25	47.50	104.50	107.50	236.75	250.00	551.00
148	Emma Brandt	19	Teen	72.50	159.75	42.50	93.50	117.50	259.00	232.50	512.50
	Aubrey Jarecke	14	Teen	52.50	115.50	27.50	60.50	60.00	132.25	140.00	308.50
	Sarah Evans	25	Open	135.00	297.50	80.00	176.25	140.00	308.50	355.00	782.50
	Ashley Stollberg	34	Open	140.00	308.50	67.50	148.75	132.50	292.00	340.00	749.50
	Mydge Heaney	57	Master	95.00	209.25	45.00	99.00	100.00	220.25	240.00	529.00
165	Lexi Hajek	19	Teen	112.50	248.00	55.00	121.25	122.50	270.00	290.00	639.25
	Este Lesiak	17	Teen	92.50	203.75	40.00	88.00	97.50	214.75	230.00	507.00
	Trinity Cross	15	Teen	65.00	143.25	40.00	88.00	82.50	181.75	187.50	413.25
	Ramya Ayakkad Ra	29	SO	100.00	220.25	52.50	115.50	100.00	220.25	252.50	556.50
	Heidi Wallace	44	Open	107.50	236.75	65.00	143.25	165.00	363.75	337.50	744.00
	Mikayla Reifert	21	Open	82.50	181.75	45.00	99.00	127.50	281.00	255.00	562.00
	Ramya Ayakkad Ra	29	Open	100.00	220.25	52.50	115.50	100.00	220.25	252.50	556.50
	Heidi Wallace	44	Master	107.50	236.75	65.00	143.25	165.00	363.75	337.50	744.00
	Sharon Foster	65	Master	90.00	198.25	45.00	99.00	110.00	242.50	245.00	540.00
181	Kennedy Jones	20	Open	115.00	253.50	50.00	110.00	125.00	275.50	290.00	639.25
198	Alexis Braziel	17	Teen	90.00	198.25	42.50	93.50	110.00	242.50	242.50	534.50
	Kendra Bryant	33	Open	162.50	358.25	82.50	181.75	177.50	391.25	422.50	931.25
	Marsha Busse	54	Open	47.50	104.50	40.00	88.00	92.50	203.75	180.00	396.75
	Marsha Busse	54	Master	47.50	104.50	40.00	88.00	92.50	203.75	180.00	396.75
220	Amira Rojas	31	Open	142.50	314.00	70.00	154.25	162.50	358.25	375.00	826.50
220	Caitlyn Chandler	20	Open	87.50	192.75	52.50	115.50	110.00	242.50	250.00	551.00
FEMALE EQUIPPED POWERLIFTING											
123	Ludy Harger	32	Open	137.50	303.00	85.00	187.25	155.00	341.50	377.50	832.00
165	Courtney Vaughn	33	Open	102.50	225.75	42.50	93.50	150.00	330.50	295.00	650.25
MALE RAW POWERLIFTING											
105	Connor Thomson	14	Teen	65.00	143.25	40.00	88.00	102.50	225.75	207.50	457.25
132	Rafe Grebin	17	Teen	110.00	242.50	60.00	132.25	175.00	385.75	345.00	760.50
148	Robert Heaney	17	Teen	117.50	259.00	65.00	143.25	155.00	341.50	337.50	744.00
	Zai Arana	18	Open	145.00	319.50	80.00	176.25	180.00	396.75	405.00	892.75
165	Jett Pinneo	18	Teen	155.00	341.50	87.50	192.75	200.00	440.75	442.50	975.50
	Trevor Thomson	16	Teen	130.00	286.50	90.00	198.25	200.00	440.75	420.00	925.75
	David Hoegermeyer	26	Open	132.50	292.00	102.50	225.75	182.50	402.25	417.50	920.25
	Monte Lofing	62	Master	185.00	407.75	107.50	236.75	192.50	424.25	485.00	1069.00
	Monte Lofing- 4th	62	Master						0.00	0.00	0.00
181	Michael Oehler	17	Teen	197.50	435.25	87.50	192.75	165.00	363.75	450.00	992.00
	Zachary Groth	15	Teen	152.50	336.00	100.00	220.25	182.50	402.25	435.00	959.00
	Abram Perault	19	Teen	142.50	314.00	85.00	187.25	177.50	391.25	405.00	892.75
	Caden Edwards	16	Teen	137.50	303.00	112.50	248.00	150.00	330.50	400.00	881.75
	Austin Brown	17	SO	117.50	259.00	57.50	126.75	137.50	303.00	312.50	688.75
	Christopher Weber	45	Open	182.50	402.25	127.50	281.00	210.00	462.75	520.00	1146.25
	Christopher Weber	45	Master	182.50	402.25	127.50	281.00	210.00	462.75	520.00	1146.25



Meet Name: 2020 Cornhusker State Games

Location: Lincoln Christian High School

Meet Date: July 18, 2020

Directors: Katey Dodge and Howard Huffman

Wt Class	Name	Age	Division	Squat		Bench		DeadLift		Total	
				Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
181	Jimbo Benson	49	Master	150.00	330.50	95.00	209.25	165.00	363.75	410.00	903.75
	Richard DeBower	61	Master	135.00	297.50	80.00	176.25	160.00	352.50	375.00	826.50
	Christopher Heaney	59	Master	110.00	242.50	65.00	143.25	147.50	325.00	322.50	710.75
198	Rowdy Truksa	16	Teen	177.50	391.25	120.00	264.50	212.50	468.25	510.00	1124.25
	Antonio Lopez	19	Teen	177.50	391.25	110.00	242.50	187.50	413.25	475.00	1047.00
	Matthew Fischer	29	SO	102.50	225.75	65.00	143.25	132.50	292.00	300.00	661.25
	Aaron Boschult	36	Open	207.50	457.25	147.50	325.00	217.50	479.25	572.50	1262.00
	Bryant Isaacs	24	Open	192.50	424.25	120.00	264.50	237.50	523.50	550.00	1212.50
220	Nick Vavricek	19	Teen	190.00	418.75	122.50	270.00	250.00	551.00	562.50	1240.00
	Nathaniel Oehler	15	Teen	192.50	424.25	105.00	231.25	180.00	396.75	477.50	1052.50
	Ryan Foster	38	Open	210.00	462.75	157.50	347.00	215.00	473.75	582.50	1284.00
	Ethan Smith	26	Open	205.00	451.75	157.50	347.00	217.50	479.25	580.00	1278.50
	Mike Sharp	55	Master	185.00	407.75	122.50	270.00	190.00	418.75	497.50	1096.75
	Jeff Shabram	43	Master	155.00	341.50	112.50	248.00	165.00	363.75	432.50	953.25
242	Brian Benshoof	37	Open	285.00	628.25	167.50	369.25	295.00	650.25	747.50	1647.75
	Colton Steer	25	Open	240.00	529.00	117.50	259.00	282.50	622.75	640.00	1410.75
	Thomas Oehler	47	Master	207.50	457.25	117.50	259.00	230.00	507.00	555.00	1223.50
	Jason Clark	45	Master	177.50	391.25	137.50	303.00	212.50	468.25	527.50	1162.75
	Jeremiah Jarecke	42	Master	137.50	303.00	105.00	231.25	152.50	336.00	395.00	870.75
275	Camden Grasmick	28	Open	240.00	529.00	145.00	319.50	252.50	556.50	637.50	1405.25
308	Jason Gieschen	35	SO	57.50	126.75	65.00	143.25	112.50	248.00	235.00	518.00
	Thomas Cross	45	Master	215.00	473.75	142.50	314.00	207.50	457.25	565.00	1245.50
308	Nathan Redwing	33	Open	295.00	650.25	200.00	440.75	310.00	683.25	805.00	1774.50

MALE EQUIPPED POWERLIFTING

097	Wyatt Shabram	13	Youth	65.00	143.25	35.00	77.00	85.00	187.25	185.00	407.75
198	Gunnar Shabram	16	Teen	125.00	275.50	77.50	170.75	155.00	341.50	357.50	788.00
	Jared Weers	33	Open	215.00	473.75	125.00	275.50	222.50	490.50	562.50	1240.00
	Phillip Ward	74	Master			90.00	198.25	147.50	325.00	0.00	0.00
308	Neil Hartman	16	Teen			140.00	308.50	237.50	523.50	0.00	0.00
	Mark Schellen	58	Open	290.00	639.25	170.00	374.75	252.50	556.50	712.50	1570.75

FEMALE RAW BENCH ONLY

114	Lisa Caulder	52	Open			42.50	93.50			42.50	93.50
	Lisa Caulder	52	Master			42.50	93.50			42.50	93.50
132	Courtney Kosch	20	Open			45.00	99.00			45.00	99.00
165	Lexi Hajek	19	Teen			55.00	121.25			55.00	121.25
	Este Lesiak	17	Teen			40.00	88.00			40.00	88.00
	Trinity Cross	15	Teen			40.00	88.00			40.00	88.00
181	Kennedy Jones	20	Open			50.00	110.00			50.00	110.00
198	Alexis Braziel	17	Teen			42.50	93.50			42.50	93.50
	Marsha Busse	54	Open			40.00	88.00			40.00	88.00
	Marsha Busse	54	Master			40.00	88.00			40.00	88.00

MALE RAW BENCH ONLY

148	Tom Woodward	56	Master			122.50	270.00			122.50	270.00
165	Jett Pinneo	18	Teen			87.50	192.75			87.50	192.75
	Scott Hansen	43	Master			112.50	248.00			112.50	248.00
181	Caden Edwards	16	Teen			112.50	248.00			112.50	248.00
	Abram Perault	19	Teen			85.00	187.25			85.00	187.25
	Christopher Weber	45	Open			127.50	281.00			127.50	281.00
	Christopher Weber	45	Master			127.50	281.00			127.50	281.00
	Richard DeBower	61	Master			80.00	176.25			80.00	176.25
198	Rowdy Truksa	16	Teen			120.00	264.50			120.00	264.50
	Antonio Lopez	19	Teen			110.00	242.50			110.00	242.50



Meet Name: 2020 Cornhusker State Games

Location: Lincoln Christian High School

Meet Date: July 18, 2020

Directors: Katey Dodge and Howard Huffman

Wt Class	Name	Age	Division	Squat		Bench		DeadLift		Total	
				Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
220	Nick Vavricek	19	Teen			122.50	270.00			122.50	270.00
	Jeff Shabram	43	Master			112.50	248.00			112.50	248.00
242	Chris Walter	48	Open			217.50	479.25			217.50	479.25
	Chris Walter	48	Master			217.50	479.25			217.50	479.25
	Bradford Updike	53	Master			125.00	275.50			125.00	275.50
308	Jason Gieschen	35	SO			65.00	143.25			65.00	143.25
	Thomas Cross	45	Master			142.50	314.00			142.50	314.00
MALE EQUIPPED BENCH ONLY											
097	Wyatt Shabram	13	Youth			35.00	77.00			35.00	77.00
198	Gunnar Shabram	16	Teen			77.50	170.75			77.50	170.75
308	Neil Hartman	16	Teen			140.00	308.50			140.00	308.50
FEMALE RAW PUSH PULL											
088	Alyssa Taylor	10	Youth			27.50	60.50	55.00	121.25	82.50	181.75
114	Lisa Caulder	52	Open			42.50	93.50	92.50	203.75	135.00	297.50
	Lisa Caulder	52	Master			42.50	93.50	92.50	203.75	135.00	297.50
132	Courtney Kosch	20	Open			45.00	99.00	107.50	236.75	152.50	336.00
165	Lexi Hajek	19	Teen			55.00	121.25	122.50	270.00	177.50	391.25
	Este Lesiak	17	Teen			40.00	88.00	97.50	214.75	137.50	303.00
	Trinity Cross	15	Teen			40.00	88.00	82.50	181.75	122.50	270.00
181	Kennedy Jones	20	Open			50.00	110.00	125.00	275.50	175.00	385.75
198	Alexis Braziel	17	Teen			42.50	93.50	110.00	242.50	152.50	336.00
	Marsha Busse	54	Open			40.00	88.00	92.50	203.75	132.50	292.00
	Marsha Busse	54	Master			40.00	88.00	92.50	203.75	132.50	292.00
MALE RAW PUSH PULL											
165	Jett Pinneo	18	Teen			87.50	192.75	200.00	440.75	287.50	633.75
	Monte Lofing	62	Master			107.50	236.75	192.50	424.25	300.00	661.25
	Scott Hansen	43	Master			112.50	248.00	187.50	413.25	300.00	661.25
181	Caden Edwards	16	Teen			112.50	248.00	150.00	330.50	262.50	578.50
	Abram Perault	19	Teen			85.00	187.25	177.50	391.25	262.50	578.50
	Christopher Weber	45	Open			127.50	281.00	210.00	462.75	337.50	744.00
	Christopher Weber	45	Master			127.50	281.00	210.00	462.75	337.50	744.00
	Richard DeBower	61	Master			80.00	176.25	160.00	352.50	240.00	529.00
198	Rowdy Truksa	16	Teen			120.00	264.50	212.50	468.25	332.50	733.00
	Antonio Lopez	19	Teen			110.00	242.50	187.50	413.25	297.50	655.75
220	Nick Vavricek	19	Teen			122.50	270.00	250.00	551.00	372.50	821.00
242	Brian Benschhof	37	Open			167.50	369.25	295.00	650.25	462.50	1019.50
308	Jason Gieschen	35	SO			65.00	143.25	112.50	248.00	177.50	391.25
	Thomas Cross	45	Master			142.50	314.00	207.50	457.25	350.00	771.50
308	Nathan Redwing	33	Open			200.00	440.75	310.00	683.25	510.00	1124.25
	Brian Farley	26	Open			195.00	429.75	247.50	545.50	442.50	975.50
MALE EQUIPPED PUSH PULL											
097	Wyatt Shabram	13	Youth			35.00	77.00	85.00	187.25	120.00	264.50
198	Gunnar Shabram	16	Teen			77.50	170.75	155.00	341.50	232.50	512.50
308	Neil Hartman	16	Teen			140.00	308.50	237.50	523.50	377.50	832.00