



**Meet Name: 2025 Orchard AAU Powerlifting Meet**

**Location:** Orchard Gym Orchard, NE

**Meet Date:** 04-Apr-25

**Director:** Jeff Shabram

Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
<b>Female Raw Powerlifting</b>												
097	Myah Porter	16	North Platte, NE	Teen	75.00	165.25	32.50	71.50	82.50	181.75	190.00	418.75
105	Gwen Bonham	17	Niobrara, NE	Teen	55.00	121.25	30.00	66.00	77.50	170.75	162.50	358.00
114	Trina Bennett	13	Butte, NE	Youth	45.00	99.00	27.50	60.50	77.50	170.75	150.00	330.50
	Abbie Hankla	16	North Platte, NE	Teen	77.50	170.75	40.00	88.00	112.50	248.00	230.00	507.00
123	Jaden Robinett	13	Orchard, NE	Youth	75.00	165.25	40.00	88.00	90.00	198.25	205.00	451.75
	Violet Pavlik	12	Verdigre, NE	Youth	52.50	115.50	27.50	60.50	75.00	165.25	155.00	341.50
	Addysen Simmons	16	North Platte, NE	Teen	100.00	220.25	47.50	104.50	107.50	236.75	255.00	562.00
	Melody Bonham	18	Niobrara, NE	Teen	87.50	192.75	42.50	93.50	102.50	225.75	232.50	512.50
	Carlie Berliner	16	North Platte, NE	Teen	87.50	192.75	37.50	82.50	102.50	225.75	227.50	501.50
	Taylor Cook	15	Fullerton, NE	Teen	50.00	110.00	32.50	71.50	77.50	170.75	160.00	352.50
	Makayla Robinson	18	Fullerton, NE	Teen	50.00	110.00	25.00	55.00	70.00	154.25	145.00	319.50
	Addysen Simmons	16	North Platte, NE	Open	100.00	220.25	47.50	104.50	107.50	236.75	255.00	562.00
132	Taylon Bertschinger	13	Ewing, NE	Youth	70.00	154.25	35.00	77.00	92.50	203.75	197.50	435.25
	Gabby Gartner	17	North Platte, NE	Teen	85.00	187.25	47.50	104.50	110.00	242.50	242.50	534.50
	Dayna Sharp	18	Verdigre, NE	Teen	77.50	170.75	37.50	82.50	100.00	220.25	215.00	473.75
	Karsyn Nothern	15	Grand Island, NE	Teen	0.00	0.00	30.00	66.00	82.50	181.75	0.00	0.00
148	Holly Pavlik	14	Verdigre, NE	Teen	97.50	214.75	57.50	126.75	125.00	275.50	280.00	617.25
	Emmarie Pavlik	16	Verdigre, NE	Teen	97.50	214.75	62.50	137.75	115.00	253.50	275.00	606.25
	Karly Knapp	16	North Platte, NE	Teen	90.00	198.25	57.50	126.75	120.00	264.50	267.50	589.50
	Miranda Stohlmann	16	Verdigre, NE	Teen	80.00	176.25	40.00	88.00	110.00	242.50	230.00	507.00
	Clair Krysl	17	Chambers, NE	Teen	72.50	159.75	40.00	88.00	110.00	242.50	222.50	490.50
	Nyla Wright	16	Niobrara, NE	Teen	80.00	176.25	35.00	77.00	82.50	181.75	197.50	435.25
	Delylla Olson	16	Fullerton, NE	Teen	62.50	137.75	32.50	71.50	92.50	203.75	187.50	413.25
165	Juliana Cline	13	Naper, NE	Youth	60.00	132.25	30.00	66.00	95.00	209.25	185.00	407.75
	Aliyah Yunker	15	Verdigre, NE	Teen	95.00	209.25	42.50	93.50	135.00	297.50	272.50	600.75
	Jayden McBeain	16	North Platte, NE	Teen	90.00	198.25	47.50	104.50	122.50	270.00	260.00	573.00
	Paige Wendt	14	Bristow, NE	Teen	85.00	187.25	45.00	99.00	105.00	231.25	235.00	518.00
	Brooklynn Loseke	15	Fullerton, NE	Teen	77.50	170.75	40.00	88.00	102.50	225.75	220.00	485.00
181	Taylor Pavlik	18	Creighton, NE	Teen	95.00	209.25	65.00	143.25	147.50	325.00	307.50	677.75
	Liz Arellano	17	Naper, NE	Teen	100.00	220.25	57.50	126.75	112.50	248.00	270.00	595.00
	RaeLynne Nelson	17	Verdigre, NE	Teen	105.00	231.25	45.00	99.00	117.50	259.00	267.50	589.50
	Laveya Merrills	14	Harrick, SD	Teen	75.00	165.25	40.00	88.00	100.00	220.25	215.00	473.75
	Taori Tate	14	Palmer, NE	Teen	70.00	154.25	42.50	93.50	82.50	181.75	195.00	429.75
198	Auryana Hernandez	12	Orchard, NE	Youth	125.00	275.50	62.50	137.75	137.50	303.00	325.00	716.25
	Grace Wilke	16	North Platte, NE	Teen	110.00	242.50	67.50	148.75	155.00	341.50	332.50	733.00
	Grace Wilke	16	North Platte, NE	Open	110.00	242.50	67.50	148.75	155.00	341.50	332.50	733.00
	Anna Sake	36	Palmer, NE	Open	95.00	209.25	57.50	126.75	130.00	286.50	282.50	622.75
220	Raquel Morales-Mont	17	Winnetoon, NE	Teen	157.50	347.00	55.00	121.25	172.50	380.25	385.00	848.75
	Addison Birmeier	17	Spencer, NE	Teen	115.00	253.50	45.00	99.00	127.50	281.00	287.50	633.75
	Aubree Wagnon	14	North Platte, NE	Teen	110.00	242.50	50.00	110.00	120.00	264.50	280.00	617.25
	Jocelynn Price	15	Grand Island, NE	Teen	92.50	203.75	50.00	110.00	110.00	242.50	252.50	556.50
UNL	Addisyn Kucera	14	Grand Island, NE	Teen	82.50	181.75	50.00	110.00	105.00	231.25	237.50	523.50
	Brianna Eilers	15	Butte, NE	Teen	80.00	176.25	42.50	93.50	87.50	192.75	210.00	462.75



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Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
<b>Female Equipped Powerlifting</b>												
105	Sydney Kumm	15	Winnetoon, NE	Teen	75.00	165.25	40.00	88.00	85.00	187.25	200.00	440.75
148	Andrea Bromm	42	Herman, NE	Master	90.00	198.25	67.50	148.75	122.50	270.00	280.00	617.25
165	Kami Simons	17	Verdigre, NE	Teen	95.00	209.25	35.00	77.00	97.50	214.75	227.50	501.50
198	Alana Widstrom	16	Lynch, NE	Teen	100.00	220.25	50.00	110.00	105.00	231.25	255.00	562.00



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Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
<b>Male Raw Powerlifting</b>												
	<i>Gavin Whiting</i>	18	Ewing, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	<i>Andrew Bucklew</i>	18	Norfolk, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	<i>Kaden Earl</i>	15	Fullerton, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	<i>Noah Johnson</i>	16	Dannebrog, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	<i>Carson Busch</i>	15	Fullerton, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
077	Rader Frame	13	Verdigre, NE	Youth	40.00	88.00	25.00	55.00	70.00	154.25	135.00	297.50
	Bodhi Blacketer	9	Valley, NE	Youth	40.00	88.00	27.50	60.50	67.50	148.75	135.00	297.50
097	Levi Hoferer	15	Winnetoon, NE	Teen	85.00	187.25	50.00	110.00	102.50	225.75	237.50	523.50
105	Joseph Schmitz	14	Fairfax, SD	Teen	42.50	93.50	32.50	71.50	67.50	148.75	142.50	314.00
	<i>Charles Frame</i>	15	Verdigre, NE	Teen	52.50	115.50	40.00	88.00	0.00	0.00	0.00	0.00
114	Palmer Shabram	11	Omaha, NE	Youth	65.00	143.25	35.00	77.00	92.50	203.75	192.50	424.25
123	Braden Collingsworth	13	Verdigre, NE	Youth	90.00	198.25	42.50	93.50	117.50	259.00	250.00	551.00
	Michael Sonnenfelt	12	Orchard, NE	Youth	55.00	121.25	37.50	82.50	77.50	170.75	170.00	374.75
	Alex Motacek	16	Springfield, NE	Teen	152.50	336.00	70.00	154.25	172.50	380.25	395.00	870.75
	<i>Santiago Ordaz</i>	15	Orchard, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
132	Mykel Murray	12	Verdigre, NE	Youth	110.00	242.50	75.00	165.25	165.00	363.75	350.00	771.50
	Carter Sharp	13	Verdigre, NE	Youth	105.00	231.25	55.00	121.25	140.50	309.50	300.50	662.25
	Zane Hammon	13	Spencer, NE	Youth	80.00	176.25	50.00	110.00	112.50	248.00	242.50	534.50
	Mikey Strong	9	Valley, NE	Youth	67.50	148.75	35.00	77.00	102.50	225.75	205.00	451.75
	Sam Sucha	13	Orchard, NE	Youth	75.00	165.25	30.00	66.00	92.50	203.75	197.50	435.25
	Andrew Cummings	18	North Platte, NE	Teen	115.00	253.50	77.50	170.75	165.00	363.75	357.50	788.00
	Patrick O'Connor	16	Grand Island, NE	Teen	117.50	259.00	85.00	187.25	145.00	319.50	347.50	766.00
	Danny Pease	16	Verdigre, NE	Teen	90.00	198.25	65.00	143.25	122.50	270.00	277.50	611.75
148	Lennix Chavez	13	Verdigre, NE	Youth	112.50	248.00	55.00	121.25	137.50	303.00	305.00	672.25
	Aadyn Smith	16	North Platte, NE	Teen	157.50	347.00	77.50	170.75	165.00	363.75	400.00	881.75
	Skyler Stern	17	Pierce, NE	Teen	112.50	248.00	75.00	165.25	172.50	380.25	360.00	793.50
	Logan Collingsworth	14	Verdigre, NE	Teen	80.00	176.25	52.50	115.50	115.00	253.50	247.50	545.50
	<i>Connor Thomson</i>	19	Page, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	Monte Lofing	66	Beatrice, NE	Master	65.00	143.25	100.50	221.50	165.00	363.75	330.50	728.50
165	Drew Schmitz	12	Fairfax, SD	Youth	87.50	192.75	55.00	121.25	110.00	242.50	252.50	556.50
	Jacob Motacek	15	Niobrara, NE	Teen	175.00	385.75	100.00	220.25	180.00	396.75	455.00	1003.00
	Parker Clang	17	North Platte, NE	Teen	172.50	380.25	87.50	192.75	180.00	396.75	440.00	970.00
	Ian McDonald	17	Madison, NE	Teen	132.50	292.00	112.50	248.00	182.50	402.25	427.50	942.25
	Ace DeWine	17	Columbus, NE	Teen	125.00	275.50	82.50	181.75	177.50	391.25	385.00	848.75
	Jin Seok Huh	16	Grand Island, NE	Teen	120.00	264.50	90.00	198.25	147.50	325.00	357.50	788.00
	Joshua Bennett	15	Butte, NE	Teen	112.50	248.00	95.00	209.25	150.00	330.50	357.50	788.00
	Austin Sharp	14	Verdigre, NE	Teen	125.00	275.50	67.50	148.75	155.00	341.50	347.50	766.00
	Lanham Skrdlant	16	Bladen, NE	Teen	117.50	259.00	85.00	187.25	142.50	314.00	345.00	760.50
	Logan Jackson	15	Naper, NE	Teen	105.00	231.25	75.00	165.25	142.50	314.00	322.50	710.75
	Zackary Bolling	14	Niobrara, NE	Teen	120.00	264.50	70.00	154.25	132.50	292.00	322.50	710.75
	Gage Vesely	17	Verdigre, NE	Teen	107.50	236.75	67.50	148.75	145.00	319.50	320.00	705.25
	Jorden Cox	14	Orchard, NE	Teen	90.00	198.25	47.50	104.50	115.00	253.50	252.50	556.50
181	Tye Holz	12	Lynch, NE	Youth	72.50	159.75	42.50	93.50	97.50	214.75	212.50	468.25
	River Holz	12	Lynch, NE	Youth	72.50	159.75	42.50	93.50	95.00	209.25	210.00	462.75
	Jacoby Widstrom	13	Lynch, NE	Youth	75.00	165.25	47.50	104.50	85.00	187.25	207.50	457.25
	Mathew Umphress	18	Ewing, NE	Teen	160.00	352.50	105.00	231.25	212.50	468.25	477.50	1052.50
	Josue Veliz	19	Schuyler, NE	Teen	150.00	330.50	112.50	248.00	210.00	462.75	472.50	1041.50
	Benjamin Schmitz	15	Fairfax, SD	Teen	137.50	303.00	77.50	170.75	160.00	352.50	375.00	826.50



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					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
181	Arlan Lammers	15	Niobrara, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	Russel Steinshouer	66	Alma, NE	Master	175.00	385.75	105.00	231.25	205.00	451.75	485.00	1069.00
198	Brock Matuszczak	18	North Platte, NE	Teen	227.50	501.50	117.50	259.00	215.00	473.75	560.00	1234.50
	Hayden Bauer	17	Hadar, NE	Teen	172.50	380.25	122.50	270.00	222.50	490.50	517.50	1140.75
	Cole Swanson	18	Ainsworth, NE	Teen	165.00	363.75	117.50	259.00	190.00	418.75	472.50	1041.50
	Matt Hittner	18	Fullerton, NE	Teen	142.50	314.00	115.00	253.50	205.00	451.75	462.50	1019.50
	Frank Thomas	17	Hastings, NE	Teen	147.50	325.00	82.50	181.75	195.00	429.75	425.00	936.75
	Beckett Wessendorf	15	Verdigre, NE	Teen	150.00	330.50	87.50	192.75	177.50	391.25	415.00	914.75
	Matthew Bazyn	15	Norfolk, NE	Teen	137.50	303.00	62.50	137.75	167.50	369.25	367.50	810.00
	Heydon Strope	25	Inman, NE	Open	227.50	501.50	135.00	297.50	215.00	473.75	577.50	1273.00
	Justin Beeks	22	Wahoo, NE	Open	185.00	407.75	102.50	225.75	185.00	407.75	472.50	1041.50
	Christian Eacker	23	St. Paul, NE	Open	150.00	330.50	110.00	242.50	170.00	374.75	430.00	947.75
220	Seth Penn	17	North Platte, NE	Teen	232.50	512.50	137.50	303.00	240.00	529.00	610.00	1344.75
	Isaac Pavlik	17	Verdigre, NE	Teen	215.00	473.75	125.00	275.50	230.00	507.00	570.00	1256.50
	John Wendt	16	Bristow, NE	Teen	132.50	292.00	97.50	214.75	175.00	385.75	405.00	892.75
	Parker Aaberg	17	Fullerton, NE	Teen	125.00	275.50	92.50	203.75	140.00	308.50	357.50	788.00
	Seth Penn	17	North Platte, NE	Open	232.50	512.50	137.50	303.00	240.00	529.00	610.00	1344.75
242	Hayden Hoffman	14	Spencer, NE	Teen	147.50	325.00	90.00	198.25	191.00	421.00	428.50	944.50
	Gage Keyes	17	Lynch, NE	Teen	142.50	314.00	80.00	176.25	185.00	407.75	407.50	898.25
	Jacob Eilers	14	Butte, NE	Teen	45.00	99.00	42.50	93.50	70.00	154.25	157.50	347.00
	Brian Benshoof	42	Bellevue, NE	Open	280.00	617.25	162.50	358.00	305.00	672.25	747.50	1647.75
	Gunnar Shabram	21	Orchard, NE	Open	170.00	374.75	110.00	242.50	182.50	402.25	462.50	1019.50
	Brian Benshoof	42	Bellevue, NE	Master	280.00	617.25	162.50	358.00	305.00	672.25	747.50	1647.75
	Arttie Parker	55	Hershey, NE	Master	160.00	352.50	162.50	358.00	182.50	402.25	505.00	1113.25
	Jeff Shabram	48	Orchard, NE	Master	147.50	325.00	100.00	220.25	155.00	341.50	402.50	887.25
275	Jax Campbell	15	Cairo, NE	Teen	192.50	424.25	102.50	225.75	192.50	424.25	487.50	1074.50
	Trevor Pike	16	Long Pine, NE	Teen	167.50	369.25	117.50	259.00	182.50	402.25	467.50	1030.50
	Cooper Holz	17	Lynch, NE	Teen	160.00	352.50	110.00	242.50	192.50	424.25	462.50	1019.50
	Tate Stolpe	17	Magnet, NE	Teen	127.50	281.00	102.50	225.75	155.00	341.50	385.00	848.75
	Trevor Kral	17	Campbell, NE	Teen	135.00	297.50	60.00	132.25	155.00	341.50	350.00	771.50
308	Jace Campbell	16	Cairo, NE	Teen	260.00	573.00	145.00	319.50	247.50	545.50	652.50	1438.50
	Praeson Klug	16	Niobrara, NE	Teen	137.50	303.00	62.50	137.75	177.50	391.25	377.50	832.00
	Lorenzo Denny	18	Niobrara, NE	Teen	137.50	303.00	80.00	176.25	155.00	341.50	372.50	821.00
	Ethan Black	17	Lynch, NE	Teen	102.50	225.75	72.50	159.75	152.50	336.00	327.50	722.00
	Riley Fisher	20	Inman, NE	Open	167.50	369.25	105.00	231.25	195.00	429.75	467.50	1030.50
SH	Cole Tomlinson	16	North Platte, NE	Teen	175.00	385.75	102.50	225.75	182.50	402.25	460.00	1014.00

**Male Equipped Powerlifting**

	Grant Lawrence	17	Columbus, NE	Teen	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	Anthony Nichols	31	Elkhorn, NE	Open	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
114	Spencer Peters	12	Gretna, NE	Youth	105.00	231.25	60.00	132.25	105.00	231.25	270.00	595.00
148	Layne Bromm	12	Herman, NE	Youth	90.00	198.25	50.00	110.00	105.00	231.25	245.00	540.00
165	Gavin Gregurich	17	Valley, NE	Teen	170.00	374.75	105.00	231.25	210.00	462.75	485.00	1069.00
181	Wyatt Shabram	18	Orchard, NE	Teen	125.00	275.50	77.50	170.75	160.00	352.50	362.50	799.00
	Eli Blum	21	Norfolk, NE	Open	187.50	413.25	135.00	297.50	210.00	462.75	532.50	1173.75
198	Brody Bromm	14	Herman, NE	Teen	137.50	303.00	82.50	181.75	137.50	303.00	357.50	788.00
	Gage Gregurich	20	Valley, NE	Open	240.00	529.00	137.50	303.00	250.00	551.00	627.50	1383.25
	Gregg Rhoades	62	Plattsmouth, NE	Master	175.00	385.75	117.50	259.00	170.00	374.75	462.50	1019.50
275	Corey Harpster	48	Omaha, NE	Master	232.50	512.50	140.00	308.50	215.00	473.75	587.50	1295.00



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<b>Female Raw Bench Only</b>												
123	Addysen Simmons	16	North Platte, NE	Open	--	-	47.50	104.50	--	-	47.50	104.50
181	Taylor Pavlik	18	Creighton, NE	Teen	--	-	65.00	143.25	--	-	65.00	143.25
198	Grace Wilke	16	North Platte, NE	Teen	--	-	67.50	148.75	--	-	67.50	148.75
<b>Male Raw Bench Only</b>												
	Luke Vondracek	35	Verdigre, NE	Open	--	-	0.00	0.00	--	-	0.00	0.00
077	Bodhi Blacketer	9	Valley, NE	Teen	--	-	27.50	60.50	--	-	27.50	60.50
132	Mykel Murray	12	Verdigre, NE	Teen	--	-	75.00	165.25	--	-	75.00	165.25
	Mikey Strong	9	Valley, NE	Teen	--	-	35.00	77.00	--	-	35.00	77.00
148	Skyler Stern	17	Pierce, NE	Teen	--	-	75.00	165.25	--	-	75.00	165.25
	Connor Thomson	19	Page, NE	Teen	--	-	0.00	0.00	--	-	0.00	0.00
165	Ace DeWine	17	Columbus, NE	Teen	--	-	82.50	181.75	--	-	82.50	181.75
198	Brock Matuszczyk	18	North Platte, NE	Teen	--	-	117.50	259.00	--	-	117.50	259.00
	Christopher Weber	50	Lincoln, NE	Open	--	-	140.00	308.50	--	-	140.00	308.50
	Christopher Weber	50	Lincoln, NE	Master	--	-	140.00	308.50	--	-	140.00	308.50
220	Isaac Pavlik	17	Verdigre, NE	Teen	--	-	125.00	275.50	--	-	125.00	275.50
242	Justin Reiley	32	Verdigre, NE	Open	--	-	137.50	303.00	--	-	137.50	303.00
	Gunnar Shabram	21	Orchard, NE	Open	--	-	110.00	242.50	--	-	110.00	242.50
	Arttie Parker	55	Hershey, NE	Master	--	-	162.50	358.00	--	-	162.50	358.00
275	Tate Stolpe	17	Magnet, NE	Teen	--	-	102.50	225.75	--	-	102.50	225.75
<b>Male Equipped Bench Only</b>												
165	Gavin Gregurich	17	Valley, NE	Teen	--	-	105.00	231.25	--	-	105.00	231.25
181	Wyatt Shabram	18	Orchard, NE	Teen	--	-	77.50	170.75	--	-	77.50	170.75
	Eli Blum	21	Norfolk, NE	Open	--	-	135.00	297.50	--	-	135.00	297.50
198	Gage Gregurich	20	Valley, NE	Open	--	-	137.50	303.00	--	-	137.50	303.00
<b>Female Raw Push Pull</b>												
097	Christine Mechaley	15	Niobrara, NE	Teen	--	-	0.00	0.00	77.50	170.75	0.00	0.00
123	Carlie Berliner	16	North Platte, NE	Teen	--	-	37.50	82.50	102.50	225.75	140.00	308.50
	Addysen Simmons	16	North Platte, NE	Open	--	-	47.50	104.50	107.50	236.75	155.00	341.50
165	Katlin Koerick	32	Verdigre, NE	Open	--	-	35.00	77.00	77.50	170.75	112.50	248.00
181	Taylor Pavlik	18	Creighton, NE	Teen	--	-	65.00	143.25	147.50	325.00	212.50	468.25
	Bes Shepherd	-20	Omaha, NE	Master	--	-	30.00	66.00	65.00	143.25	95.00	209.25
198	Grace Wilke	16	North Platte, NE	Teen	--	-	67.50	148.75	155.00	341.50	222.50	490.50
	Grace Wilke	16	North Platte, NE	Open	--	-	67.50	148.75	155.00	341.50	222.50	490.50
220	Raquel Morales-Mont	17	Winnetoon, NE	Teen	--	-	55.00	121.25	172.50	380.25	227.50	501.50
UN	Emilee Babcock	13	Verdigre, NE	Teen	--	-	25.00	55.00	87.50	192.75	112.50	248.00



**Meet Name: 2025 Orchard AAU Powerlifting Meet**

**Location:** Orchard Gym Orchard, NE

**Meet Date:** 04-Apr-25

**Director:** Jeff Shabram

Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
<b>Male Raw Push Pull</b>												
077	Riley Fuchtman	13	Verdigre, NE	Teen	--	-	30.00	66.00	75.00	165.25	105.00	231.25
	Bodhi Blacketer	9	Valley, NE	Teen	--	-	27.50	60.50	67.50	148.75	95.00	209.25
123	Alex Motacek	16	Springfield, NE	Teen	--	-	70.00	154.25	172.50	380.25	242.50	534.50
132	Mykel Murray	12	Verdigre, NE	Teen	--	-	75.00	165.25	165.00	363.75	240.00	529.00
	Mikey Strong	9	Valley, NE	Teen	--	-	35.00	77.00	102.50	225.75	137.50	303.00
148	Skyler Stern	17	Pierce, NE	Teen	--	-	75.00	165.25	172.50	380.25	247.50	545.50
	Connor Thomson	19	Page, NE	Teen	--	-	0.00	0.00	0.00	0.00	0.00	0.00
	Monte Lofing	66	Beatrice, NE	Master	--	-	100.50	221.50	165.00	363.75	265.50	585.25
165	Ace DeWine	17	Columbus, NE	Teen	--	-	82.50	181.75	177.50	391.25	260.00	573.00
181	Aiden Jackman	18	Ainsworth, NE	Teen	--	-	85.00	187.25	157.50	347.00	242.50	534.50
	Russel Steinshouer	66	Alma, NE	Master	--	-	105.00	231.25	205.00	451.75	310.00	683.25
198	Brock Matuszczak	18	North Platte, NE	Teen	--	-	117.50	259.00	215.00	473.75	332.50	733.00
	Hunter Bowers	20	Norfolk, NE	Open	--	-	105.00	231.25	275.00	606.25	380.00	837.50
	Christopher Weber	50	Lincoln, NE	Open	--	-	140.00	308.50	232.50	512.50	372.50	821.00
	Christopher Weber	50	Lincoln, NE	Master	--	-	140.00	308.50	232.50	512.50	372.50	821.00
220	Isaac Pavlik	17	Verdigre, NE	Teen	--	-	125.00	275.50	230.00	507.00	355.00	782.50
	Ian Driscoll	33	Broken Bow, NE	Open	--	-	172.50	380.25	257.50	567.50	430.00	947.75
242	Brian Benshoof	42	Bellevue, NE	Open	--	-	162.50	358.00	305.00	672.25	467.50	1030.50
	Gunnar Shabram	21	Orchard, NE	Open	--	-	110.00	242.50	182.50	402.25	292.50	644.75
	Brian Benshoof	42	Bellevue, NE	Master	--	-	162.50	358.00	305.00	672.25	467.50	1030.50
	Arttie Parker	55	Hershey, NE	Master	--	-	162.50	358.00	182.50	402.25	345.00	760.50
<b>Male Equipped Push Pull</b>												
	Anthony Nichols	31	Elkhorn, NE	Open	--	-	0.00	0.00	0.00	0.00	0.00	0.00
165	Gavin Gregurich	17	Valley, NE	Teen	--	-	105.00	231.25	210.00	462.75	315.00	694.25
181	Wyatt Shabram	18	Orchard, NE	Teen	--	-	77.50	170.75	160.00	352.50	237.50	523.50
	Eli Blum	21	Norfolk, NE	Open	--	-	135.00	297.50	210.00	462.75	345.00	760.50
198	Gage Gregurich	20	Valley, NE	Open	--	-	137.50	303.00	250.00	551.00	387.50	854.25

# 2025 Orchard AAU Powerlifting Meet

## Outstanding Teen Female Raw Lightweight Lifters:

1. Addysen Simmons – 4.63 strength index
2. Melody Bonham – 4.41 strength index

## Outstanding Teen Female Raw Heavy Lifters:

1. Taylor Pavlik – 4.00 strength index
2. Aliyah Yunker – 3.98 strength index

## Outstanding Teen Male Raw Lightweight Lifters:

1. Alex Motacek – 7.04 strength index
2. Jacob Motacek – 6.14 strength index

## Outstanding Teen Male Raw Heavy Lifters:

1. Brock Matuszczak – 6.23 strength index
2. Seth Penn – 6.08 strength index

## Outstanding Male Equipped Lifter:

Gage Gregurich – 7.11 strength index

Conner Jackman Warrior Spirit Award – Cole Swanson

## Boys Team standings:

- 1<sup>st</sup> place – Niobrara-Verdigre (97 pts)
- 2<sup>nd</sup> place – North Platte (64 pts)
- 3<sup>rd</sup> place – Boyd County (63 pts)
- 4<sup>th</sup> place – Centura (20 pts)
- 5<sup>th</sup> place – Summerland (17 pts)
- 6<sup>th</sup> place – Pierce (14 pts)
- 7<sup>th</sup> place – Ainsworth (12 pts)
- 8<sup>th</sup> place – Lutheran High Northeast (5 pts)
- 9<sup>th</sup> place – Silver Lake (2 pts)

## Co-ed Team standings:

- 1<sup>st</sup> place – Niobrara-Verdigre (100 pts)
- 2<sup>nd</sup> place – North Platte (92 pts)
- 3<sup>rd</sup> place – Boyd County (86 pts)
- 4<sup>th</sup> place – Summerland (48 pts)
- 5<sup>th</sup> place – Grand Island CC (26 pts)
- 6<sup>th</sup> place – Fullerton (13 pts)

## Girls Team standings:

- 1<sup>st</sup> place – Niobrara-Verdigre (91 pts)
- 2<sup>nd</sup> place – North Platte (72 pts)
- 3<sup>rd</sup> place – Boyd County (59 pts)
- 4<sup>th</sup> place – Summerland (31 pts)

## Combined Student/Adult Team standings:

- 1<sup>st</sup> place – Team Schellen (80 pts)
- 2<sup>nd</sup> place – Team Parker/North Platte (71 pts)
- 3<sup>rd</sup> place – Team Shabram/Tri-County (69 pts)
- 4<sup>th</sup> place – Team Sake/Palmer (13 pts)